SUNDAY ROAST

12PM – 6PM, SUNDAY ONLY

MAIN COURSES

Roast Chicken Breast **£13.99**
With seasonal vegetables, roast potatoes, Yorkshire pudding and gravy. (1,3,7,9)

Roast Scottish Rib of Beef **£21.99**
With seasonal vegetables, roast potatoes, Yorkshire pudding and gravy. (1,3,7,9)

Roast English Leg of Lamb **£20.99**
With seasonal vegetables, roast potatoes, Yorkshire pudding and gravy. (1,3,7,9)

Steamed French Mussels **£17.95**
With onion, lemon, parsley and fresh cream, served with French fries. (7,12,14)

Creamy Beetroot & Goat's Cheese Risotto (V) **£17.50**
Served with garlic bread and optional Parmesan shavings. (1,7)



UK Allergen Key · 1 Gluten · 2 Crustaceans · 3 Eggs · 4 Fish · 5 Peanuts · 6 Soybeans · 7 Milk · 8 Tree nuts · 9 Celery · 10 Mustard · 11 Sesame · 12 Sulphur dioxide/Sulphites · 13 Lupin · 14 Molluscs
(V) Vegetarian · (VE) Vegan · ★ Pradas Signature

Ask your server for details and for additional allergen information. We handle numerous allergens in our kitchen and due to the potential for cross contact, we cannot guarantee that our food is free from any allergens. An optional gratuity of 10% will be added to your bill.

841–843 FOREST ROAD, LONDON E17 4AT · 020 8527 1926 · TUESDAY – SATURDAY 12PM – 10PM · SUNDAY 12PM – 9PM · CLOSED MONDAYS

MEDITERRANEAN
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RESTAURANT

PRADAS

STARTERS

1) **Mixed Olives (9)** (V) — **£2.95**

2) **Soup of the Day** (V) — **£4.99**
With toasted garlic croutons. (1,7,9)

3) **Trio of Dips** — **£5.99**
Hummus and tzatziki served with warm pitta bread. (1,7,11)

4) **French Mussels** — **£8.50**
Served with shallots, cream, parsley and lemon. (7,12,14)

5) **PRADAS SIGNATURE ⭐**
Salt & Pepper Squid — **£8.50**
Served with spicy mayonnaise and mixed leaves. (1,2,3,14)

6) **Crispy Duck Salad** — **£8.95**
Baby spinach, cucumber, spring onion and our house hoisin dressing. (6,11)

7) **Crispy Portobello Mushrooms** (V) — **£8.50**
Panko-coated with cheese, garlic and herbs, served with roasted red pepper coulis and mixed leaves. (1,3,7)

8) **Char-grilled Halloumi** (V) — **£8.50**
Roasted peppers, cherry tomatoes, mixed leaves and honey mustard dressing. (7,10)

9) **PRADAS SIGNATURE ⭐**
Spiced Moroccan Lamb Meatballs — **£8.50**
Rich tomato sauce, harissa and toasted garlic bread. (1,7,9)

10) **Avocado & King Crab** — **£11.50**
King crab with avocado, cucumber, capers, tarragon and toasted garlic bread. (1,2,3,10)

11) **PRADAS SIGNATURE ⭐**
Spicy Harissa King Prawns — **£13.50**
Garlic butter, fresh chilli and herbs. (2,7)

12) **Spicy Spaghetti Meatballs** — **£8.95**
Tossed with garlic, chilli, fresh tomato sauce and Parmesan shavings, served with garlic bread. (1,3,7,9)

13) **Bruschetta** (V) — **£7.50**
Chopped tomato, garlic, basil, oregano, red onion, extra-virgin olive oil and balsamic reduction on toasted bread. (1,12)

14) **King Prawn Tempura** — **£9.95**
Deep fried, served with rocket leaves and hot chilli mayo. (1,2,3)

15) **Beetroot & Goat's Cheese Salad** (V) — **£8.50**
With mixed leaves, fresh mango and balsamic dressing. (7,12)

PASTA & RISOTTO

All pasta and risotto dishes are served with garlic bread.

16) **Tagliatelle Ragu** — **£15.50**
Homemade beef ragu. (1,3,7,9)

17) **PRADAS SIGNATURE ⭐**
Tagliatelle Smoked Chicken — **£15.50**
Parmesan cream and crispy kale. (1,3,7)

18) **Penne al Salmone** — **£16.50**
Fresh salmon, chilli, shallots, dill, tomato and cream. (1,3,4,7,12)

19) **Spinach & Ricotta Ravioli** (V) — **£16.50**
Wild mushrooms, roasted pine nuts and cream. Parmesan optional. (1,3,7,8)

20) **Spaghetti King Prawns** — **£18.50**
Garlic, chilli, spring onion, cherry tomatoes and extra virgin olive oil. (1,2)

21) **Butternut Squash & Goat's Cheese Risotto** (V) — **£17.50**
Roasted pine nuts. (1,7,8)

22) **Wild Mushroom Risotto** (V) — **£16.50**
With optional Parmesan shavings. (1,7)

23) **Chicken & Avocado Salad** — **£15.50**
Chicken, avocado, baby gem, baby spinach, shallots, French beans, walnut croutons and mustard dressing. (1,7,8,10)

24) **Caesar Salad** — **£16.50**
Char-grilled whole chicken breast, cos lettuce, croutons, Caesar dressing and Parmesan shavings. (1,3,4,7)

25) **Mediterranean Vegetable Tart** (V) — **£16.95**
Served with rosemary and garlic roasted potatoes, fresh rocket and cherry tomato salad with balsamic dressing. (1,3,7)



GRILL & HOUSE SPECIALITIES

26) **PRADAS SIGNATURE ⭐**
Mediterranean Chicken — **£17.50**
Crispy chicken pieces tossed in our signature sweet and gently spiced sauce with chunky peppers and red onion, served with vegetable rice. (1,3,6,7)

27) **Spicy Lamb Kofta** — **£19.50**
Cucumber and chilli yoghurt, mixed salad and bulgur wheat. (1,7)

28) **PRADAS SIGNATURE ⭐**
Chicken Souvlaki — **£17.50**
Greek-style skewers with tomato, cucumber, red onion, tzatziki, rocket and bulgur wheat. (1,7)

29) **Char-grilled Spicy Lamb Cutlets** — **£18.99**
Creamy mashed potato and veal jus. (7)

30) **Char-grilled Harissa Chicken Supreme** — **£16.99**
With roast new potato, harissa chilli, garlic spinach and rosemary veal jus. (7,9)

31) **PRADAS SIGNATURE ⭐**
Meat Platter — **£34.99**
Sirloin steak, spicy lamb cutlets and chicken breast served with French fries and house sauce. Serves 2. (7)

32) **Mixed Grill Sharing Platter** — **£39.99**
Lamb chops, ribs, chicken and lamb cutlets, served with aromatic rice and house sauce. Serves 4. (9,10)

33) **Chicken Sharing Platter** — **£24.99**
Whole seasoned chicken served with aromatic rice and house sauce. Serves 4. (9,10)

FISH & SEAFOOD

34) **PRADAS SIGNATURE ⭐**
Fish Platter — **£24.99**
Sea bass, salmon, tiger prawns and sardines with lemon butter cream sauce, served with vegetable rice. Serves 2. (2,4,7,9)

35) **Char-grilled Whole Black Bream** — **£19.50**
Crushed new potatoes, artichokes, Kalamata olives, sun-blushed tomatoes, rocket and lemon oil. (4)

36) **Pan-roasted Sea Bass** — **£19.50**
A fillet of sea bass with seasonal vegetables and lemon butter cream sauce. (4,7)

37) **Salmon Supreme** — **£22.50**
Pan roasted, served with new potatoes, French beans, lemon butter and dill sauce. (4,7)



STEAKS

Sirloin and Rib Eye are served with a caramelised red onion stuffed Portobello mushroom, sun-blushed tomato and French fries.

38) **Rump Steak** — **£14.50**
Served with French fries and salad.

39) **Sirloin Steak** — **£24.50**

40) **Rib Eye Steak** — **£25.50**

CHOICE OF SAUCES

Garlic Butter (7) (V) — **£1.50**

Wild Mushroom (7) (V) — **£2.95**

Peppercorn (7) (V) — **£2.95**

Charred Honey Glaze (V) — **£2.95**

Homemade Chilli Sauce (V) — **£1.90**

BURGERS

All burgers are served in a toasted brioche bun with lettuce, tomato, caramelised red onion, gherkin, spicy mayonnaise and French fries unless stated otherwise.

41) **Classic Beef Burger (1,3,7,10)** — **£12.50**

42) **Double Jalapeño Smash Burger** — **£14.50**
Double beef patties with jalapeños and cheese. (1,3,7,10)

43) **Char-grilled Chicken Burger (1,3,7,10)** — **£12.50**

44) **Vegan Burger** (VE) — **£12.50**
Vegan cheese, vegan bun, lettuce, tomato, caramelised red onion, gherkin and French fries. (1,6)

SIDES

Creamy Mash (7) (V) — **£3.50**

Gratin Potatoes (7) (V) — **£3.50**

Roast Potatoes — **£3.50**

Creamed Spinach (7) (V) — **£3.75**

French Beans (V) — **£3.50**

Crispy Kale (V) — **£4.00**

French Fries (V) — **£3.50**

Glazed Carrots (V) — **£3.75**

Sweet Potato Fries (V) — **£3.95**

Greek Salad (7) (V) — **£6.50**

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